



## **Fallon Community Health Plan President, CEO, and former NFL Player Visits Holy Name Football Team**

Pat Hughes visited the Holy Name Central Catholic Junior.Senior High School football team on Wednesday, October 12<sup>th</sup>. Pat visited with an excited Napoleon football team to wish them a great season on the field, and to share some of his wisdom on football and life.

Pat related the story of how, as a young boy, he pointed at a football game on television and told his father five simple words: “I want to do that.” And so it began—his first goal.

Pat reminded the team that they have collective goals, with each member doing his part toward the end result. “Each of you has a job and you do your job, just like the team at Fallon Community Health Plan,” Pat said. “And just like in business, collectively you reach your goal.” He noted that while winning a football game is a short-term goal, it’s also important to focus on long-term goals. “I have a goal on my wall. When I reach that one, I replace it with another.”



Pat also told the team that the skills they learn on the field will help them as they continue on with college and into the business community: teamwork, collaboration, accountability and resilience. “There’s no such thing as a free ride - in football or in business,” Pat said.